



Tools For Action

A sample of physical education initiatives in Wisconsin

Lifetime Pursuits

Contact Information

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Oconomowoc H.S.
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Oconomowoc School District
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Program Information

Program Name
Class--Lifetime Pursuits
Program Category
Favorite lesson or unit
Grade Level
High School (9-12)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

Canoeing, Biking, Golf, Rock climbing, Fishing, Hiking,..... a course designed for Juniors and seniors at our HS--For more info--contact Arno Kirchenwitz at Oconomowoc HS

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Marv Pesik, Program and Grant Coordinator)